## Week of: Oct 20 – Oct 26 $\, \smallsetminus \,$

Vegetable

FOOD COLOR KEY

Meat Grain

Mon 21

Breakfast 8:30 AM Fruit Loops,

Strawberries, Whole Milk

AM snack 10:00 AM Yogurt, Sliced Banana

Lunch 11:30 PM

Chicken Nuggets, Sliced Apples, Sliced Cucumber, Goldfish, Whole Milk

PM snack 3:00 PM Animal Crackers, 1/2 Apple Juice, 1/2 Water

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Breakfast 8:30 AM Cinnamon Roll, Sliced Banana, Whole Milk

Tue 22

Fruit

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AM snack 10:00 AM Goldfish, Water

Lunch 11:30 AM

Grilled Cheese, Green Beans, Strawberries, Whole Milk

PM snack 3:00 PM Popcorn, 1/2 Apple Juice, 1/2 Water Breakfast 8:30 AM Cereal Bar, Sliced Banana, Whole Milk

Wed 23

Other

AM snack 10:00 AM Animal Crackers, Water

Lunch 11:30 AM Fish Sticks, Sliced Cucumber, Grapes, French Fries, Whole Milk

PM snack 3:00 PM Pretzels , 1/2 Apple Juice , 1/2 Water Breakfast 8:30 AM French Toast, Strawberries, Whole Milk

Thu 24

AM snack 10:00 AM Fruit Bar, Water

Lunch 11:30 AM Macaroni and Cheese, Green Beans, Orange Slices, Garlic Bread, Whole Milk

PM snack 3:00 PM Veggie Sticks, 1/2 Apple Juice, 1/2 Water Breakfast 8:30 AM pancakes, Blueberries, Whole Milk

AM snack 10:00 AM Vanilla Wafers, Water

Lunch 11:30 AM Peanut Butter and Jelly Sandwich , Sliced Carrots, Pineapple Chunks , Pretzels , Whole Milk

PM snack 3:00 PM Animal Crackers, 1/2 Apple Juice, 1/2 Water

Regular Infant

Fri 25